

Tapas

Tapas is very much a style of eating more than a way of cooking. It's very much about talking and drinking with good friends and family in a relaxed atmosphere.

Breads & Olives

- Aceitunas Mixtas* £2.50
Mixed olives marinated in extra virgin oil, herbs & lemon
- Pan de Barra* £3.00
House bread with olive oil and balsamic vinegar dip
- Pan de Ajo* £3.50
Garlic Bread
- Pan de Ajo con Queso* £4.00
Garlic bread topped with cheese
- Pan Tomaca* £4.50
Garlic bread with freshly crushed tomatoes

Tapas is a very social and informal way of eating. It is not a particular type of food, anything can be tapas as long as it's small and served with your drink.

SeaFood

- Gambas Pil Pil* £7.00
King Prawns (6) in hot chilli & garlic oil
- Gambas a la Plancha* £7.00
King Prawns (6) in lemon & garlic butter
- Sardinas en Mantequilla de Perejil* £5.50
Grilled sardine fillets glazed in parsley butter
- Pescaditos Fritos* £5.00
Whitebait in a light paprika and flour coating deep fried
- Calamares Fritos* £7.50
Panko coated calamari rings
- Calamares a la Pimienta* £7.00
Calamari chunks in a salt & pepper batter
- Mejillones a la Marinera* £9.50
Mussels in white wine, cream, onion & parsley

Tapas comes to your table not all at once, but dish-by-dish allowing you to share a range of different tastes.

Meat

- Albondigas a la Jardinera* £5.00
Beef Meatballs in a spicy tomato onion & pepper sauce
- Costillas a la Miel* £5.00
Pork ribs in sweet chilli honey
- Pollo al Ajillo* £5.00
Diced chicken breast in garlic cream
- Pollo en Crema de Cajun* £5.00
Diced chicken breast in Cajun cream
- Pollo en chilli dulce* £5.00
Diced chicken breast in sweet thai chilli sauce
- Pollo Marbella* £5.50
Diced chicken breast cooked with paprika, chorizo, peppers, onions and white wine cream
- Morcilla con Queso Manchego* £4.50
Black pudding with melted manchego cheese
- Chorizo Frito al Vino* £5.50
Chorizo in red wine & onion
- Solomillo de cerdo en salsa de pimienta* £5.50
Pork fillet medallions in a creamy peppercorn sauce
- Estofado Vasco* £7.00
A basque stew with tender braised beef

Vegetables

- Patatas Bravas* £3.50
Fried potato with a spicy tomato sauce
- Patatas Alioli* £3.50
Fried Potato with a garlic mayonnaise topping
- Patatas en ajo y hierbas* £4.50
Pan roasted new potatoes in garlic & herb
- Tortilla Espanola* £4.00
Spanish style omelette with potato & onion
- Champiñones al Ajillo y Crema* £4.50
Mushrooms in cream white wine & garlic
- Champiñones al Stilton y Crema* £4.50
Mushrooms in stilton cream
- Asado de Verduras* £4.50
Roasted mediterranean vegetables
- Ensalada de la Casa* £4.00
Mixed Salad
- Ensalada de tomate y cebolla* £3.50
Tomato & onion salad in olive oil
- Ensalada de Manzana y Queso Manchego* £5.00
Manchego cheese, apple & mixed leaf salad

We really hope you enjoy your time with us here and thank you for your custom.

Salads

29 Market Street, Chapel-en-le-Frith

01298 816577

Rems